

DISTRICT LEADERSHIP and LAY SERVANT ACADEMY



SOUL RESET
Advanced "Other" Course

Dates: Mondays, October 30 – December 4, 2023
Time 6:30 - 8:00 PM (ZOOM)

Instructor: Rev. Cindy Boggs

This course is for Lay Speaker credit course but can be taken by anyone (the class counts as an "other" class for Lay Servants). This is a 6-week course on ZOOM. This study is based on the book **Soul Reset: Breakdown, Breakthrough, and the Journey to Wholeness**, by Junius B. Dotson. The book we will read details the story of Pastor Dotson's journey through depression, exhaustion and burnout, grief, and the steps he took toward wholeness. Have you been there, are on your way, or are afraid of going there? If so, this class is for you. Pastor Dotson's vision is for the church to be a safe place where we can be real about our feelings and experiences, and where we will find grace, encouragement, and authentic community. Pastor Dotson discovered that authenticity, vulnerability, and spiritual practices were his path to wholeness, and that is what he hopes for all who encounter his story.

There is no charge for this class, but you will need to borrow or purchase the text on your own:
Course Book: Soul Reset by Junius B. Dotson. ISBN-10: 0835818969; ISBN-13: 978-0835818964.

Please allow plenty of time for delivery. A syllabus and Zoom information will be sent after registration.

Questions regarding the course may be directed to Mary Bane at 304-692-0003 or by email to crazymcb1@gmail.com.

Mail the completed form to:

MonValley District UMC
3000 Technology Drive
Fairmont, WV 26554

Or email to: sestep@wvumc.org

SOUL RESET
Rev. Cindy Boggs

6 week course: Oct. 30 – Dec. 4, 2023
6:30 – 8:00 PM via ZOOM

PLEASE PRINT

Name: _____

Mailing address: _____

City: _____ State: _____ Zip: _____

Home telephone: _____ E-mail: _____

Local church: _____ Pastor: _____

Type of Study (Check one only)

() Self-Improvement () Certified Lay Servant () Certified Lay Speaker